

Consultant led endocrinology

Excessive hair can be due to abnormal amounts of male type hormones or their effects. When deemed necessary, referrals to endocrinologists, endocrine assessments and treatment of any underlying hormone imbalance can all be carried out at London Medical. If there is a hormone imbalance causing excessive hair growth, then tablet treatment can be combined with laser hair removal for better results.

Before and after laser treatment

Before



After



Before



After



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Laser Hair Removal



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Laser Hair Removal at London Medical

Unwanted or unsightly body hair can be upsetting for both men and women. Excessive hair may be inherited, can be due to the presence of abnormal amounts of male type hormones or can be a characteristic feature of such conditions as polycystic ovary syndrome (PCOS).

Traditional hair removal methods can be tedious, painful and expensive over time and only provide a temporary solution. Laser hair removal is a safe, quick and gentle way of removing unwanted hair and has been medically proven to offer hair reduction.

At London Medical laser hair removal is carried out by qualified nurses, specially trained in laser treatment, using the latest technology Apogee Elite Alexandrite and YAG laser. At an initial consultation, the Nurse will assess the skin and hair and then carry out a test patch before determining the best course of treatment.

What are the advantages of Laser Hair Removal?

Laser treatment provides effective long term relief from unwanted hair. The procedure is non-invasive. Treatment sessions are brief and therefore convenient and relatively painless as compared to other hair removal methods.

How does it work?

To eliminate hair, the laser emits gentle pulses of energy that pass through the skin to the hair follicle. This energy is then absorbed into the hair follicle to destroy it causing a reduction of hair regrowth.

Who can be treated?

Both men and women can have this treatment and unwanted hair anywhere on the body can be treated. All skin types and most hair types can be treated including tanned or dark skin and dark, blonde and red hair.

Which parts of the body can be treated?

Areas treated include upper lip, chin, beards, nose area, ears, under arms and arms, bikini line, legs, back, chest and shoulders.

How many treatments are required?

The number of treatments is generally determined by the amount of hair, phase of hair growth, area of the body, skin colour and coarseness. Generally we recommend 4 to 8 treatments at 4 to 6 week intervals between treatments.

Does it hurt?

The treatment causes only minimal discomfort and you may experience a slight prickly or lightly stinging sensation.

Are there any side effects?

After the treatment, redness or localized swelling may occur but this usually subsides within the first 24 hours after treatment.

Risks and complications of the procedure include pigmentation, blistering and scarring. This will be discussed in detail at your initial consultation.

How should I prepare my skin for Laser Hair Removal?

Avoid sun exposure or the use of sunbeds or fake tan for 4-6 weeks before and after treatment and during treatment courses. This is essential to reduce the risk of pigmentation and further damage to the treated skin area.

What should I do next?

Call London Medical to arrange your initial consultation and test patch. At your initial consultation you will be asked to complete an important and detailed medical questionnaire. The nurse will discuss this with you and then analyse your skin type and hair growth. Once the nurse is satisfied that this treatment will be both beneficial and suitable for you, a test patch will be carried out on a small area of skin. Pre-treatment photographs of the area to be lasered will be taken in order to accurately monitor your progress.

Please note that for some skin types, treatment can commence thirty minutes after the initial test patch, however, certain skin types may require a gap of up to two weeks before full treatment can begin.

All hair removal treatments at London Medical are carried out under the supervision of a physician.